

# CREATIVE CHOICES

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2007

The newsletter of the Austin Memorial and Burial Information Society (AMBIS), a nonprofit, nonsectarian, educational and consumer association organized to encourage informed planning about end-of-life issues. AMBIS is a member of the Funeral Consumers Alliance.

# Annual Meeting is Sunday, February 11, 3-5 p.m.

The annual AMBIS meeting for 2007 will be held at First English Lutheran Church (3001 Whitis Avenue, Austin, Texas) Sunday, February 11 from 3-5 p.m. The church is located three blocks east of Guadalupe Street, on West 30th Street, near Adams-Hemphill Park.

The program will feature a presentation about organ donation. Presenters will include organ donor families, recipients, and an organization that matches donors with families. The discussion will cover some myths about organ donation and will allow time for questions and answers. There will be a wide variety of snacks to share. A notary public will be available to enable members to complete or update their advance planning documents.

The order of business for the meeting is as follows: Call to Order

Introductions

Approval of the 2006 Annual Meeting Minutes Election of Governing Council members

Program: Organ Donation, presented by Michelle Segovia with Texas Organ Sharing Alliance. In addition, an organ recipient will participate in the discussion.

Winter

Questions and answers about organ donation Adjournment and Refreshments

Guests are welcome. There is no charge to anyone, so please bring a friend.

The Texas Organ Sharing Alliance is an organ procurement organization that focuses on procuring transplantable organs. It is not involved with whole-body donation, which is controlled in Texas by the Texas Anatomical Board, to provide whole

bodies for teaching use by medical and chiropractic schools in Texas. Neither entity procures whole bodies in order to harvest body parts for educational and research use, as discussed in the article on LifeLegacy in the Fall 2006 newsletter.  $\Omega$ 

# Understanding Texas Out-of-Hospital—Do-Not-Resuscitate orders

Texas law permits a physician, in consultation with a patient, to provide an Out-of-Hospital–Do-Not-Resuscitate (OOH–DNR) order for persons who no longer wish to be resuscitated if they stop breathing and their hearts stop beating if resuscitation would be futile for their long-term recovery from a medical condition. Resuscitative measures include cardiopulmonary resuscitation (CPR), advanced airway management, defibrillation, artificial ventilation and transcutaneous cardiac pacing.

Much confusion has been expressed recently by participants in the on-line discussion list sponsored by the Funeral Consumers Alliance about the efficacy of generic bracelets or other identification indicating that a person has an OOH–DNR order in place. We provide the following information in an effort to clarify the status of OOH–DNR orders in Texas.

Once a physician has issued an OOH–DNR order for a patient on the form prescribed by the Texas Department of State Health Services, the patient may obtain a special bracelet to alert medical personnel, including emergency medical technicians, to the existence of the OOH–DNR order. The bracelets are offered as an alternative to having to carry around paper forms, but a generic OOH–DNR medic alert bracelet will not be sufficient in Texas to give medical personnel the authority not to attempt to

resuscitate someone who is unconscious or not breathing.

In order for EMS or other medical personnel to honor a bracelet in lieu of an original OOH–DNR Order, the bracelet must be either (1) an intact, unaltered, easily identifiable plastic identification OOH–DNR bracelet, with the word "Texas" (or a representation of the geographical shape of Texas and the word "STOP" imposed over the shape) and the words "Do Not Resuscitate," or (2) an intact, unaltered, easily identifiable metal bracelet or necklace inscribed with the words, "Texas Do Not Resuscitate–OOH."

For a more complete explanation of the bracelet program in Texas, including citations to the applicable law, and information on how to obtain approved bracelets or other identification, go to <a href="http://www.tdh.state.tx.us/hcqs/ems/dnrhome.htm">http://www.tdh.state.tx.us/hcqs/ems/dnrhome.htm</a>.

EMS personnel—once called to the scene of a medical crisis—will do everything within their power to restore cardio-respiratory function, in spite of the protestations of bystanders or the presence of anything other than a legally-recognized DNR order or indicator. They risk being held liable for the consequences if they do otherwise.

Å person who has not lost decision-making capacity is always Continued on p. 2, col. 2 OOH–DNR

# AMBIS BRIEFS

## Receive newsletter electronically

If you would like to receive *Creative Choices* by email, please send the request to <mail@ambis.info>. A copy will be posted on the AMBIS website, also. If you would like to receive both a hard copy and the electronic copy, please tell us to leave you on the newsletter mailing list. Those who receive the newsletter electronically will also receive periodic notices of interest.

## 2006 Cemetery Survey complete

The costs of cemetery goods and services are taken from a sampling of cemeteries in Bastrop, Hays, Travis, Caldwell and Williamson counties. Copies will be available at the Annual Meeting.

#### **Annual funeral costs survey available at Annual Meeting**

The 2007 Annual Survey of Funeral Costs in the Austin area will be available at the Annual Meeting. Because of the scheduling of the Annual Meeting earlier in February than has been customary, there was not time to produce the survey for inclusion in the Winter newsletter. Copies of the new survey will be available at the Annual Meeting or may be requested by contacting the AMBIS office at 480-0555, or an electronic version can be requested by email directed to <mail@ambis.info>.

# Board member positions to be filled at Annual Meeting

Five positions on the AMBIS Council will be filled at the Annual Meeting. Anyone interested in being considered for service on the Council should contact one of the Councilmembers listed on page four of this newsletter prior to the February 11 Annual Meeting.

#### Continued from p.1, OOH–DNR

able to refuse all forms of medical treatment, including CPR, but once they are no longer able to act on their own behalf, the law is clear on the procedure that treatment decisions must follow.

A DNR order, whether the patient is in the hospital or out of the hospital, is a "doctor's order" and is not something over which a patient has absolute control if the patient cannot communciate treatment decisions.

At the Annual Meeting, AMBIS will have copies of the OOH–DNR form that physician's use for those who would like to look at a copy to further their own education about this process. There is no substitute, however, for discussing your medical condition with your physician, the only official who can issue an OOH–DNR order in Texas.  $\Omega$ 

# Memorial gifts to AMBIS in 2006

In memory of Lyndon Clements by Mark Filip & Kenneth Clements

In memory of Otis Graf by Leah Cohen

In memory of Otis Graf by Warden & Sue Rimel

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## **In-kind donations to AMBIS in 2006**

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# Creating your own Legacy

AMBIS continues in its outreach to the community through advance directive seminars, meetings with social workers and individuals and through its quarterly newsletter. The expense of maintaining an office, and publishing and delivering the many educational items and newsletters that we produce, requires a constant flow of contributions to make our work possible.

You can help through your tax deductible contributions (AMBIS is a 501(c)(3) nonprofit organization). Giving to AMBIS in honor of landmark events of the people in your life or as a living memorial to those who have died is a way to guarantee that the funds will be well used to help many people right here in our own community.

An excellent tax planning idea is to make a gift of an appreciated asset such as stock or other property. AMBIS benefits from the gift, you get a charitable deduction for your taxes, and you avoid the capital gains taxes on the sale of the property. AMBIS also accepts the gift of Life Insurance or Annuities that are no longer needed in your financial plan.

AMBIS has a volunteer Registered Financial Consultant who can help you determine the best way to make a gift to the Society. Please feel free to call our office to arrange an appointment to discuss your giving plans (512-480-0555). Or send your check to AMBIS, P. O. Box 4382, Austin, Texas 78765.

Gary Lichtenstein Director, AMBIS Governing Council Registered Financial consultant

# Donors are the life-blood of AMBIS-THANKS!

The following AMBIS supporters made donations during 2006. Without their help, AMBIS could not provide the assistance that it gives to hundreds of families each year from all over the Central Texas area. It takes AMBIS volunteers, council members, friends, and supporters like these to carry out our mission, which is to educate the public about all aspects of death, dying, and funeral and cremation arrangements, and to provide information on behalf of families to the Legislature, state agencies, and public and private oganizations interested in the information we have to offer. Our donors are a vital link in making our work a success. A heartfelt thanks to you all.

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## AMBIS CONTRACTED FUNERAL HOMES

The following funeral homes offer to AMBIS members a 15% discount off of the costs shown on their General Price Lists:

- All Faiths Funeral Services
   8507 North IH 35 (512-339-8878) and
   4360 South Congress Avenue (512-326-8878)
- Fuller-Sheffield Funeral Home 2808 E. MLK Blvd. (512-476-9164)
- Harrell Funeral Home 4435 Frontier Trail (512-443-1366)
- Heritage Funeral Home (Central Texas Cremation)
   425 E. Central Texas Expressway
   Harker Heights (800-788-8218)
- Wilke-Clay-Fish Funeral Home 2620 S. Congress (512-442-1446)
- Weed-Corley-Fish Funeral Home 3125 N. Lamar (512-452-8811)

When contacting one of these funeral homes, please provide proof of your AMBIS membership by showing a copy of this newsletter addressed to you or your new membership letter. Membership can be confirmed also by calling the AMBIS office at 512-480-0555.

### www.ambis.info

## **CREATIVE CHOICES**

CREATIVE CHOICES is published quarterly by the Austin Memorial and Burial Information Society, a nonprofit, nonsectarian consumer and educational organization formed in 1964 to protect a consumer's right to choose a meaningful, dignified, and affordable funeral.

The ideas expressed in *CREATIVE CHOICES* are those of the authors and editor and not necessarily those of AMBIS. Address changes, editorial items, letters, and inquiries about the benefits of membership should be sent to:

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